

## Sequence 03

### Me and my daily activities(Routines)

أنا و نشاطاتي اليومية

## SEQUENCE 3

### ME AND MY DAILY ACTIVITIES



I listen and do.

Task 1. I look, listen and repeat.



I get up at 6:30.



I wash my face.



I brush my teeth.



I get dressed.



I have breakfast.



I go to school.



I have lunch.



I watch TV.



I do my homework.



I have dinner.



I go to bed.

## نشاطات يومية أخرى :

**I comb my hair.** امشط شعري

**I pray.** أصلي

**I do ablution.** أتوضأ للصلاة

**I play with my friends.** ألعب مع أصدقائي

**I take a shower.** أستحم

**I read Kuran.** أقرأ القرآن

**I read a story.** أقرأ قصة

**I revise my lessons.** أراجع دروسي

**What's the time ?**

## كم الساعة ؟

- لما تكون الساعة تماما, نذكر الساعة ونقول **o'clock** .

**02 :00 → It is two o'clock**

**05 :00 → It's five o'clock.**

- لما تكون الدقائق أقل من أو تساوي ثلاثين دقيقة ( من 5 إلى 30 دقيقة) فأنا نذكر **الدقائق** ثم كلمة **past** ثم نذكر الساعة.

**02:00 → It is two o'clock.**

**02:05 → It is five past two.**  
الساعات      الدقائق

**02:10 → It is ten past two.**

**02:15 → It is quarter past two.**

**02:20 → It is twenty past two.**

**02:25 → It is twenty five past two.**

**02:30 → It is half past two.**

- لما تكون الدقائق بين 35 و 60 (00) دقيقة, فأنا نذكر **الدقائق المتبقية** للساعة الموالية ثم كلمة **to** ثم نذكر الساعة الموالية.

**02:35 → It is twenty five to three.**  
الساعة الموالية      الدقائق المتبقية

**02 :40 → It is twenty to three.**

**02:45 → It is quarter to three.**

**02:50 → It is ten to three.**

**02:55 → It is five to three.**

**03:00 → It is three o'clock.**

**12 :00 → It is midday (منتصف النهار)**

**00:00 → It is midnight (منتصف الليل)**

**a.m :** صباحا

**p.m :** مساء

### Examples :

**06 :00 → It is six o'clock.**

**06 :55 → It is five to seven.**

**05 :10 → It is ten past five.**

**11 :40 → It is twenty to twelve.**

**01 :30 → It is half past one.**

**03 :50 → It is ten to four.**

**07 :45 → It is quarter to eight.**

### The present simple

القاعدة :

**I/you/we/they → verb (لايتغير)**

**Example : I/you/we/they like**

**He/She/It → verb+s**

**Example : He/She/it likes**

**استثناءات تصريف الأفعال مع He/She/It**

- بالنسبة للأفعال التي تنتهي بالحروف التالية : **ch,sh,o,ss,x,z** نضيف **es** للفعل عند تصريفه مع الضمانر **he/she/it**

**Examples :**

**To watch : He/she/it → watches**

**To wash : He/she/it → washes**

**To go/To do : He/she/it → goes/does**

**To dress : He/she/it → dresses**

**To fix : He/she/it → fixes**

**To quiz : He/she/it → quizzes**

- بالنسبة للأفعال التي تنتهي بالحرف **y** وقبله **consonant** نحذف الحرف **y** ونضيف **ies**

**Examples :**

**To study : He/she/it → studies**

**To cry : He/she/it → cries**

pronouns	To play	To watch	To study
<i>I</i>	Play	Watch	Study
<i>You</i>	Play	Watch	Study
<i>We</i>	Play	Watch	Study
<i>They</i>	Play	Watch	Study
<i>He</i>	Plays	Watches	Studies
<i>She</i>	Plays	Watches	Studies
<i>It</i>	Plays	Watches	Studies

**in / on / at (time)**

• نستعمل **in** مع السنوات و الأشهر و أجزاء اليوم

→ **in** 2010

→ **in** September

→ **in** the morning/ **in** the afternoon/ **in** the evening

• نستعمل **on** مع الأيام و التواريخ

→ **on** Monday

→ **on** Monday 10th, 2010

• نستعمل **at** مع الساعة

→ **at** one o'clock

→ **at** five past three

### Pronunciation of 's' : /s/, /z/, /iz/

/s/	/z/	/iz/
p t,te k, ke f, gh, ph th /θ/	b,d, g , L, LL,m,n,r,v,ve, th/ð/,w, y, ey, ay	ch, sh, s,ss,se,ce,x,z,ze, ge
أمثلة : helps wants takes roofs months	أمثلة : Dogs Robs goes Needs Plays Lives	أمثلة : Watches Finishes Dresses Practises Fixes Quizes oranges

### Paragraph about my daily activities

فقرة حول نشاطاتي اليومية

Hello, my name is Adem. I am 11 years old. I live in Skikda. I am a pupil.

**Everyday**, I get up **at** 7 o'clock. I wash my face, brush my teeth and get dressed. I have breakfast **at** 7 :20. I go to school **at** 7 :30. I have lunch **at** 12 :30. After school, I play with my friends then I watch TV. After that, I do my homework **at** 7 p.m. I have dinner **at** 8 p.m and I go to bed **at** 9 p.m.

مرادفات

I do ablution and pray at 6 :30.

My sister finished school at 2 :15.

I help my mother in house cleaning. اساعد امي

I tidy my room. ارتب غرفتي

**The present simple (3 forms)**

**1- Affirmative :**

**S + verb+ .....**

**Example : I get up at 7 o'clock.**

**S + V**

## 2-Negative:

♦ **S(I/you/we/they) + don't + stem (فعل غير مصرف) + .....**

**Example : I don't go to school on Friday.**

**S+ don't+stem**

• ملاحظة : مع الضمائر I/you/we/they ننفي الأفعال بإضافة **don't** قبل الفعل ويصبح الفعل غير مصرف (stem).

♦ **S(He/She/It) + doesn't + stem (فعل غير مصرف)+ .....**

**Example : He doesn't watch TV in the evening.**

**S+ doesn't +stem**

• ملاحظة : مع الضمائر He/She/It ننفي الأفعال بإضافة **doesn't** قبل الفعل ويصبح الفعل غير مصرف (stem).

## 3-Interrogative :

### A- Yes/No questions :

• المقصود بـ **Yes/No questions** هو أن هذا السؤال استفهامي وإجابته تكون دائما **yes** أو **No** وفيها قاعدتان تختلفان حسب الضمائر.

♦ **Do+ S (I/you/we/they) + stem (فعل غير مصرف)+ .....+ ?**

**Examples :**

1- **Do you speak English ?**

**Do + S+ stem + .....+ ?**

→ **Yes, I do. / No, I don't.**

2- **Do you have lunch at home ?**

→ **Yes, I do. / No, I don't.**

3- **Do they play football ?**

→ **Yes, they do. / No, they don't.**

♦ **Does+ S (he/she/it) + stem (فعل غير مصرف)+ .....+ ?**

**Example :**

1- **Does he speak English ?**

**Does +S+ stem + ..... ..+ ?**

→ **Yes, he does. / No, he doesn't.**

### B- 'Wh' questions :

المقصود ب **wh question** هو ان السؤال يبدأ بكلمة استفهامية تبدأ بالحرفين **wh**

♦ **'Wh' + do+ S (I/you/we/they) + stem (فعل غير مصرف) + .....+ ?**

**Examples :**

**1- When do you play with your friends?**

**'Wh' + do+ S +stem.....+?**

→ **I play with my friends in the afternoon.**

**2- Where do they have lunch ?**

**'Wh' + do+ S +stem.....+?**

→ **They have lunch at school.**

♦ **'Wh' + does+ S (he/she/it) + stem (فعل غير مصرف) + .....+ ?**

**Examples :**

**1- When does he play with his friends?**

**'Wh' + does+ S +stem.....+?**

→ **He plays with his friends in the afternoon.**

**2- Where does she have lunch ?**

**'Wh' + does+ S +stem.....+?**

→ **She has lunch at school.**

كلمات استفهامية أخرى :

**When** للسؤال عن الزمن

**Where** للسؤال عن مكان

**What time** للسؤال عن الساعة

**Who** للسؤال عن الشخص

**What** للسؤال عن الشيء

ملاحظة مهمة : القواعد الخاصة بالنفي و السؤال تنطبق على كل الأفعال باستثناء الفعل **to be**.

**To be**

**1-Negative :**

**S+ verb (to be) + not + .....**

**Examples :**

I am **not** a pupil.

He is **not** a pupil.

We are **not** pupils.

ملاحظة :

**isn't** هو is not اختصار  
**aren't** هو are not اختصار

## 2-Interrogative :

### Yes/No questions

**Am/is/are + S + ..... + ?**

**Examples :**

1- **Are** you a pupil ?

→ **Yes, I am.** / **No, I am not.**

2- **Is** he a pupil ?

→ **Yes, he is.** / **No, he isn't.**

3- **Are** they at school ?

→ **Yes, they are.** / **No, they aren't.**

### 'Wh' questions

**'Wh' + am/is/are + S + ..... + ?**

**Examples :**

1- **Where** are you from ?

→ I am from **Algeria.**

2- **What** is your name ?

→ My name is **Adem.**

3- **Who** is this ?

→ This is **my brother.**