

**School:** .....

**Date:** April 2017/2018

**Level :** 2<sup>nd</sup> Ms

**Test:**

Nora is a 13 years old middle school pupil. Nora is very fat. She suffers from obesity because she eats big amounts of food with a lot of sugar, fat and salt.

Nora gets up at 07:00 o'clock. She has two slices of toast with jam and a glass of milk for breakfast. Her mother drives her to school. On her way to school, she buys some cookies, one or two bars of chocolate, two bags of crisps and a packaged drink for the morning snack.

For lunch, Nora prefers junk food like pizza, hamburger or portions of chips. For dinner, she usually has chicken, some cheese, and dessert.

Nora is a couch potato. She spends most of her time in the living room watching T.V and eating. She never practices sport or try to follow a diet plan to lose some weight.

**Part one: Reading comprehension**

**Activity one:** Read the text and answer the following questions:

- Is Nora fat? .....
- Why does Nora suffer from obesity? .....

**Activity Two:** Read the text and say "true" or "false"

- Nora is very slim. ....
- Her father drives her to school. ....
- Nora is a couch potato. ....

**Activity Three:** put the following words in the right box: crisps- cake-juice-chips

<u>sugar</u>	<u>salt</u>

**Mastery of Language:**

**Activity one:** Turn the following sentences into a piece of advice using "should"

- Revise your lessons .....
- Don't talk in the class .....
- Listen to your teacher .....
- Visit a doctor .....

**Activity two: Match the pairs**

- You should eat less sugar. - Negation
- You have to go to school. - Imperative
- Do your homework. - Advice
- I don't like cheese. - Obligation

**Activity Three:** Classify the following words according to their pronunciation: Michal – headache – should – watch

<b>/tʃ/</b>	<b>/ʃ/</b>	<b>/k/</b>

**Part Two - Situation of Integration:**

-Amy is your best friend and she suffers from obesity. She doesn't like to go the the doctor and she wants someone to help her.

- **Write a small paragraph** to your friend in which you give her **some pieces of advice (using should )**to lose weight

**Use the following cues:**

- Eat more fruits and vegetables
- Avoid food with a lot of fat, sugar or salt.
- Practise sport regularly.
- Etc .....

Hi Amy,

I know you suffer from obesity and you hate to visit the doctor. I am your friend and I am ready to help you. Well, you .....

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**Good luck**