

Third Term Exam

The Text: I am Obese! Help me!

"Hello friends! My name is Samir. My friend Yacine is a pupil at BENM'HIDI middle school in Oran. He is ill and needs healthcare.

Yacine visited the doctor because he was not feeling well. He is obese, suffers from overweight, and has a stomach ache. He eats a lot of fast food outside with his friends, including large pizzas, large portions of chips, and sugary drinks. His family doctor examined him and advised him to consult a dietician.

Yacine is feeling good now after following the advice of his family doctor and dietician. He has decided to change his bad habits and never eat unhealthy food again.



Written by the teachers

A. Reading Comprehension: (7tps)

Activity One: Choose (a, b, c or d) to complete the following sentences. (3pts)

- 1- Yacine is
a- healthy b- ill c- happy d- clever
- 2- He should.....
a- eat fast food b- practise sport c- consult a dietician d- a stomach ache
- 3- He shouldn't.....
a- take medicine b- put ankle brace c- eat fast food d- take antibiotics

Activity Two: Read the following statements and write "True"/ "False" or "Not Mentioned".(2pts)

- 1- Yacine is suffering from backache.
- 2- Meriem has got a ashtma.
- 3- Yacine is overweight.
- 4- He should consult a dietician

Activity Three: Find in the text words that are closest in meaning to the following.(1pts)

pain ; fat

Activity Four: Find in the text words that are opposite in meaning to the following.(1pts)

slim ≠ ; healthy ≠

The Suggested Correction of Third Term Exam

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A. Reading Comprehension: (7tps)

Activity One: Choose (a, b, c or d) to complete the following sentences. (3pts)

- 4- Yacine is
 b- healthy **b- ill** c- happy d- clever
- 5- He should.....
 b- eat fast food b- practise sport **c- consult a dietician** d- a stomach ache
- 6- He shouldn't.....
 b- take medicine b- put ankle brace **c- eat fast food** d- take antibiotics

Activity Two: Read the following statements and write "True"/ "False" or "Not Mentioned".(2pts)

- 5- Yacine is suffering from backacke. **False**
- 6- Meriem has got a ashtma. **Not Mentioned**
- 7- Yacine is overweight. **True**
- 8- He should consult a dietician **False**

Activity Three: Find in the text words that are closest in meaning to the following.(1pts)

pain **ache** ; fat **obese**

Activity Four: Find in the text words that are opposite in meaning to the following.(1pts)

slim ≠ **obese** ; healthy ≠ **unhealthy**

B. Mastery of Language: (7pts)

Activity One: Reorder the words to get coherent sentences. (2pt)


- 3. got / She /. / a stomach ache / has ➔ **She has got a stomach ache .**
- 4. should / a diet /She /. / follow/ ➔ **She should follow a diet.**

Activity Two: Fill in the gaps. (2pts)

My family doctor says that I'm **ill** and I **should** consult a dietician. He gave me a **prescription**

To buy medicines from **chemist**

Activity Three: Write the following words according to their "ch" sound. (2pts)

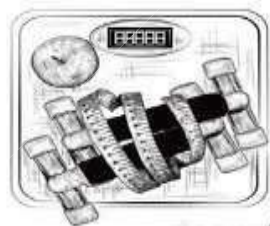
/ʃ/	/tʃ/	/k/	
should	chips	earache	
		chemist	

Part Two (2) : Situation of Integration (6pts)

Context: Yacine is now at the dietician's office. He needs some advice to lose weight.

Task: Write an e-mail for him, in which you give him some advice. (play the role of a dietician)

From	malek@gmail.com
To	yacine@gmail.com
Subject	the healthy diet



Dear Yacine

My friend Yacine , I hope you are fine in order to lose weight and be fit, you should eat plenty of fruits, vegetables, lean proteins like chicken and fish, and whole grains like brown rice. Drink lots of water and avoid sugary drinks. Choose healthy snacks such as fruits and nuts instead of chips and candy. Do not skip meals, as this can cause overeating later, and avoid fast food and highly processed foods high in fats, sugars, and salt. Regular physical activity should also be part of your routine to help with weight management and overall health.

Yours Malek