

Have you got a problem?

Maybe we can help.

Letter Page

Dear doctor Harriet,

My problem is my obesity. I'm 15, I'm 1m65 and I weigh 85kilos. I don't feel well. I'm so frustrated and upset.

At school, I can't participate in sport activities because I quickly become tired. I can't even run. My mates often bully me.

At home, I can't stop eating. I eat everything and at any time. Sometimes, I get up at night and eat what I find in the fridge. When I see food I can't resist to the temptation.

Is there a way to quit everything and become as normal as my mates?

Please help me

Max



Part one Reading Comprehension (7pts)

A-Read the text and circle the right option.(2pts)

- 1-The text is : a- application letter b-agony letter c-invitation letter
- 2-Max is: a-the sender b-the receiver c-the doctor
- 3-Max' problem is a- his studies b-his family c-his weight
- 4-Max wants a- to lose weight b- to lose money c- to lose a job

B-Read the text again and answer the questions.(3pts)

- 1-Can max participate at sports activities at school? Why?.....
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- 2-Does he eat at night?.....
- 3-Why is Max writing this letter?.....

C-Lexis

1-Find in the text words or expressions that are closest in meaning to(1pt)

angry =.....,take part =.....

2-Find in the text words or expressions that are opposite in meaning to(1pt)

day=/ ,slowly=/

D- I identify the mistakes and correct them.

1-Max can't resist the temptation of eating.

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2-Max musn't eat junk food.

E- Turn into imperative the following statements.

1-You should follow a strict diet.

2-You mustn't eat unhealthy foods.

3-You should exercise regularly.

F-underline the consonant clusters in the following words

spring -blue - smiled - cluster -friends -the - thin -upset

Part two Mastery of Language (6pts)

You are Dr Harriet. You want to help Max lose weight. Reply and give him a piece of advice in which you explain what he should eat in each meal, what he should do, should avoid to follow a healthy diet and have a healthy lifestyle.

Use the modals seen in class and the imperative. Pay attention to capital letters and punctuation.

Dear Max,

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