

Mastery of Language:

Activity One : Spot the mistakes and correct them : (02pts)

nazim should goes on a diet , and she must not eats unhealthy food ?

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Activity Two : Rewrite the following statements in the right tense : (03pts)

- 1 - If Brahim (not / to get)..... his BEM Exam, he (not / to go)..... to the Secondary School.
- 2- I (to have)..... a daily diet plan before I (to become)..... too fat.
- 3- You should (to practice)..... sport in order to be healthy.
- 4- He must (not / to consume) a lot of sugar.

Activity Three: Classify the following words according to their diphthongs sounds: (02pts)

Boy - diet - pay - mouth

/aɪ /	/aʊ/	/ɔɪ /	/eɪ /
.....

Situation of Integration : (06pts)

You are fat and you are suffering from obesity. Your dietician gave you a weekly diet plan that you have to follow it with practicing sport. Write an **Email** in which you reply to Nazim and sent him your weekly diet plan and exercises.

Use these cues:

- 1-At breakfast (one cup of milk - water ...)
- 2-At lunch (grilled fish - escalope - lettuce)
- 3-At dinner (soup - one apple -water
- 4- Swimming - Judo.
- 4- Sunday - Monday -Tuesday- Wednesday- Thursday- Friday- Saturday.

Good Luck